

For more information, visit us at www.lillyindia.co.in
MS9557

PA003SPIN01

HumaPen[®] Ergo II

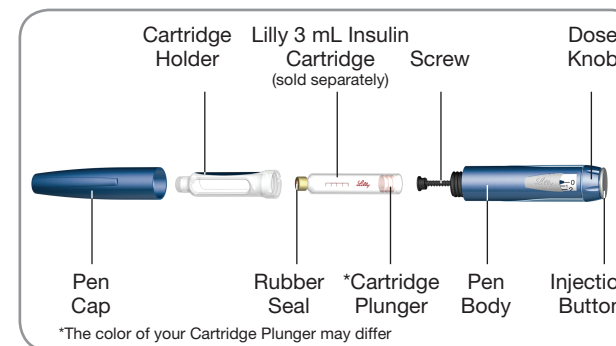
INSULIN DELIVERY DEVICE

For use only with Huminsulin[®] or Humalog[®]
3 mL Insulin Cartridges (100 IU/mL)

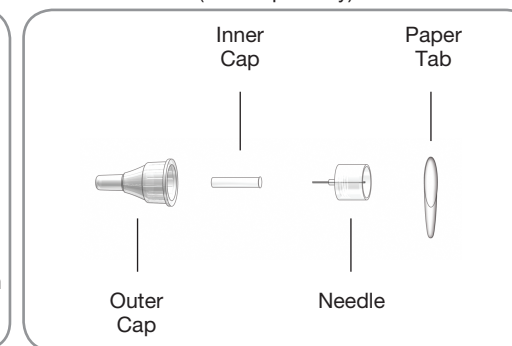
Your HumaPen[®] Ergo II may be a different color from the one shown, but it will work in the same way.



HumaPen[®] Ergo II Pen Parts



Pen Needle (sold separately)



HumaPen Ergo II is designed for ease of use. You can inject from 1 to 60 units of any Huminsulin or Humalog insulin from a 3 mL cartridge (100 IU/mL). You can dial your dose one unit at a time. If you dial too many units, you can correct the dose without wasting any insulin.

Read this manual completely and follow the directions carefully before using the pen. Failure to follow the instructions may result in too much or too little insulin being delivered. DO NOT SHARE YOUR PEN OR NEEDLES AS THIS MAY RISK TRANSMISSION OF INFECTIOUS AGENTS. If any of the parts of your HumaPen Ergo II appear broken or damaged, DO NOT USE. Contact Lilly at Toll Free number 18001230021 or your healthcare professional for a replacement pen. HumaPen Ergo II is not recommended for the blind or visually impaired without the assistance of a sighted individual trained to use it. Always carry a spare insulin pen in case your pen is lost or damaged.

1 INSERT THE INSULIN CARTRIDGE

Important Notes

- Your healthcare professional has prescribed the type of insulin best for you. Any changes in insulin should be made only under medical supervision.
- HumaPen Ergo II is for use only with Huminsulin or Humalog, 3 mL insulin cartridges.**
- Do not use other brands of insulin cartridges.**
- Read and follow the instructions provided in your Huminsulin or Humalog 3 mL insulin cartridge Patient Information Leaflet.
- Before each injection, read the cartridge label and be sure the pen contains the correct Huminsulin or Humalog 3 mL insulin cartridge.
- The color of the pen is not intended to indicate insulin type.
- For more information on HumaPen Ergo II and Huminsulin or Humalog insulin, please visit our website at www.lillyindia.co.in

Frequently Asked Questions about Inserting the Insulin Cartridge

1. Why doesn't the screw move out when there is no cartridge in the pen?

The screw may not move out when you push the injection button unless there is a cartridge in the pen. This feature of the pen allows you to easily push the screw into the pen when replacing a cartridge. Once a cartridge is installed, the screw will move out when the injection button is pushed.

2. What should I do if I can't attach the cartridge holder to the pen body?

Check that the insulin cartridge is fully inserted into the cartridge holder. Then carefully line up the cartridge holder with the pen body and screw together until secure.

3 INJECT THE DOSE

Important Notes

- You must **PUSH** the injection button straight down for the dose to be delivered.
- You will **NOT** receive your insulin by turning the dose knob.
- Do not attempt to change the dose while injecting.

Frequently Asked Questions about Injecting

1. Why is it difficult to push the injection button when I try to inject?

- Your needle may be clogged. Try attaching a new needle.
- Pushing the injection button down quickly may make the button harder to push. Pushing the button more slowly may make it easier.
- Using a larger diameter needle will make it easier to push the injection button during injection. See your healthcare professional to determine which needle is best for you.
- Your injection button may become harder to push if the inside of your pen gets dirty with insulin, food, drink or other materials.

If none of the above steps resolves the problem, your pen may need to be replaced.

2. Why doesn't the dose knob go to zero when I inject my dose?

This can happen if the insulin cartridge does not have enough insulin left in it for your entire dose. The number in the dose window is the amount you did **NOT receive**. To get the rest of your dose, remove the needle, change the insulin cartridge, attach a new needle and prime the pen. Then complete your dose by dialing the amount that you did **NOT receive** and inject only this amount.

CARE AND STORAGE

- Keep the pen away from moisture, dust, extreme hot or cold temperatures, and direct sunlight.
- Do not store the pen in a refrigerator.
- Wipe the pen cap, pen body and case with a damp cloth to clean them. Do not use alcohol on the pen body or dose window.
- Do not use alcohol, hydrogen peroxide, bleach, cover in liquid or apply lubrication such as oil, as this could damage the pen.
- Refer to the insulin cartridge Patient Information Leaflet for complete insulin storage instructions.

2 PRIME THE PEN (BEFORE EVERY INJECTION)

Important Notes

- HumaPen Ergo II is suitable for use with Becton, Dickinson and Company pen needles.
- The directions regarding needle handling are not intended to replace local, healthcare professional or institutional policies.
- Use a new needle for each injection. This will help ensure sterility. It will also help prevent leakage of insulin, keep out air bubbles, and reduce needle clogs.

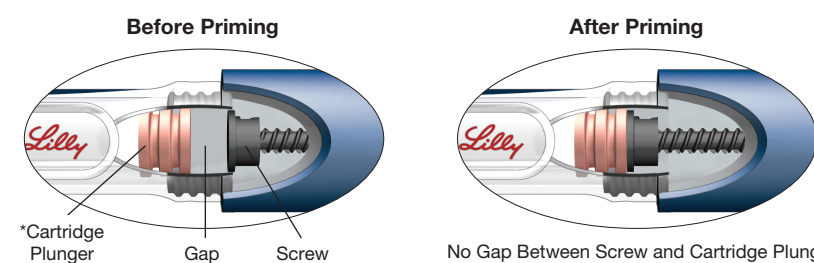
Frequently Asked Questions about Priming

1. Why is it important to prime before every injection?

If you do **NOT prime**, you may get **too much or too little insulin**. Priming helps to ensure that the pen and needle are working properly. Once the pen is properly primed, a stream of insulin will flow from the needle. You may need to prime several times before you see a stream of insulin.

2. Why can it take several attempts to prime when a new cartridge is inserted?

There may be a gap between the screw and the cartridge plunger. Repeating the priming steps will move the screw out to touch the cartridge plunger. Once the end of the screw pushes the cartridge plunger out, insulin will flow from the needle.



*The color of your Cartridge Plunger may differ

- Repeat the priming steps until a stream of insulin is seen.
- If you are still unable to see a stream of insulin flow from the needle go to Question 3.

3. Why should I prime to a stream, and why isn't the pen ready for use if I see a drop of insulin on the needle tip?

Priming moves the screw into contact with the cartridge plunger and gets the air out of the cartridge. When you are priming the pen:

- You may see a drop of insulin on the tip of the needle when you first attach it. This only shows that the needle is attached and not clogged. You must still prime the pen.
- You may also see no flow at all. This may be because the screw is moving forward to close a gap between the screw and the cartridge plunger.
- If there is air in the cartridge, the insulin may sputter or drip until all the air is removed.
- Insulin will flow as a stream only when the pen is properly primed.
- If the injection button is hard to push, the needle may be clogged. Attach a new needle. Repeat the priming steps until a stream of insulin is seen.

If you are still unable to see a stream of insulin out of the needle, **do NOT use** the pen. Contact your healthcare professional for assistance or to obtain a replacement.

4. What should I do if I have an air bubble in the cartridge?

Priming your pen will remove air. Point the pen up, and tap the cartridge gently with your finger so any air bubbles can collect near the top. Repeat the priming steps until a stream of insulin is seen. A small air bubble may remain in the cartridge after completion of the priming steps. If you have properly primed the pen, this small air bubble will not affect your insulin dose.

REPLACEMENT

Your HumaPen Ergo II has been designed to be used for up to 3 years after first use. Record the date your pen was first used here: / / . Contact your healthcare professional if a prescription is necessary, or go directly to a pharmacy to get a new HumaPen Ergo II when your pen has been used for 3 years.

If you have any questions or complaints with your HumaPen Ergo II, contact Lilly at Toll Free number 18001230021 or your healthcare professional for assistance.



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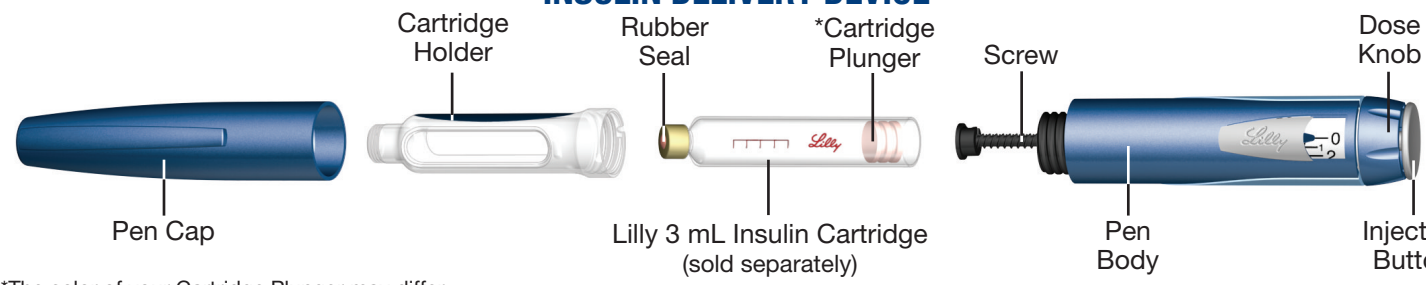
Getting Ready

Wash your hands and make sure you have the following items before beginning:

- HumaPen® Ergo II
- Huminsulin® or Humalog® 3 mL Insulin Cartridge
- New Needle
- Alcohol Swab

HumaPen® Ergo II

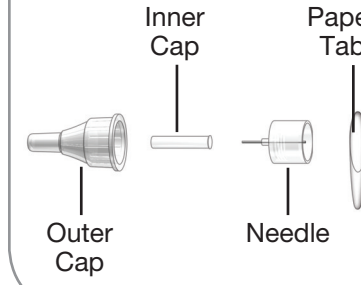
INSULIN DELIVERY DEVICE



*The color of your Cartridge Plunger may differ

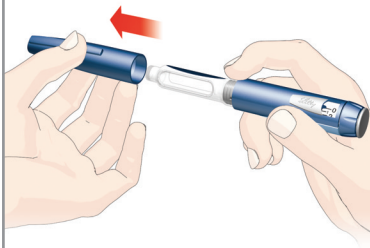
HumaPen® Ergo II Pen Parts

Pen Needle (sold separately)

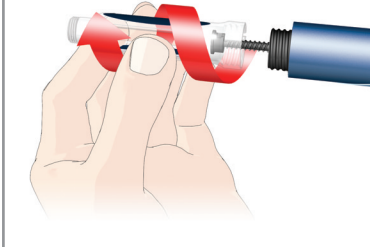


1 INSERT THE INSULIN CARTRIDGE

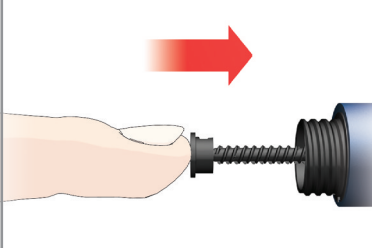
Pull Off Cap



Unscrew Cartridge Holder



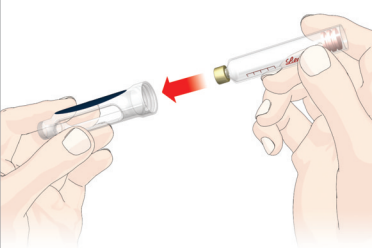
Push Screw Into Pen



Note:

- The screw may not be out when you get the pen.
- If you push the injection button, the screw will only move out when there is a cartridge in the pen.

Insert Cartridge

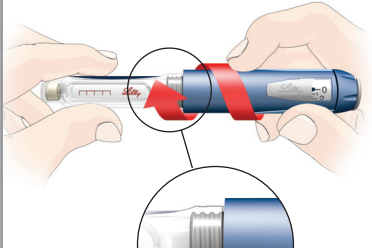


Insert small end of Huminsulin® or Humalog® 3 mL insulin cartridge into the cartridge holder.

Note:

Before inserting, check the insulin cartridge to make sure it is not cracked or broken.

Attach Cartridge Holder



Push the cartridge holder and pen body straight together. Screw the pen body onto the cartridge holder until it is secure.

Caution: If the cartridge holder is not completely attached, the screw may not move and you may not get your full dose.

Inspect Insulin



Be sure to check your insulin for:

- Type
- Expiration date
- Appearance

Wipe the small rubber seal on the end of the cartridge with an alcohol swab.

For Cloudy Insulin Only



Roll the pen gently 10 times,



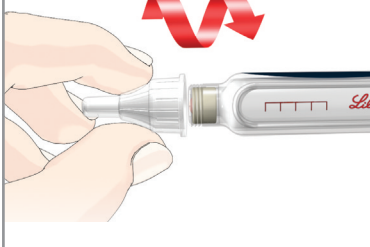
and invert the pen 10 times. The insulin should look evenly mixed.

2 PRIME THE PEN (BEFORE EVERY INJECTION)

Remove Paper Tab

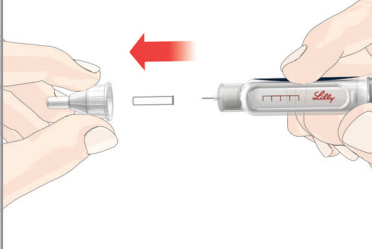


Attach Needle



Screw needle straight onto the cartridge holder.

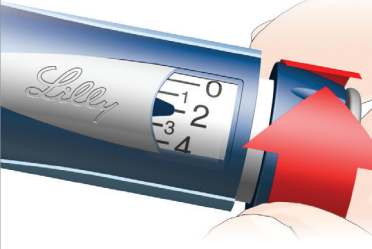
Remove Needle Cap



Pull off the outer cap and the inner cap.

Save the outer cap to remove the needle after your injection.

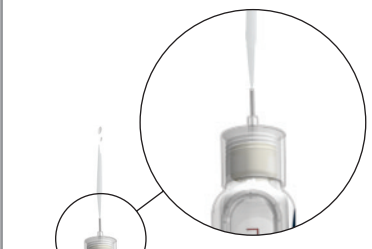
Dial 2 Units



Tap Cartridge

Point pen up. Tap cartridge to collect air at the top for removal.

Prime The Pen



Push injection button. Look for a **stream** of insulin.

The pen is **NOT** properly primed if you only see a few drops of insulin.

Caution: Several prime attempts may be needed the first time a cartridge is used. If no insulin flows after several attempts the needle may be clogged.

If No Stream Is Seen, Repeat Priming



Dial 2 units. Tap cartridge.

Push injection button and look for **stream**.

3 INJECT THE DOSE

Dial Your Dose

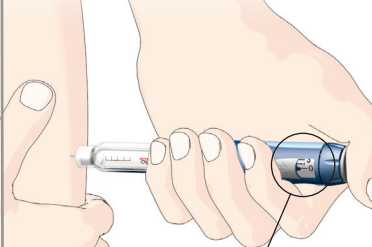


Turn dose knob to your desired dose.

If you dial too many units, you can correct the dose by dialing backwards.

Example: 15 units shown in the drawing.

Inject Your Dose



Insert the needle as directed by your healthcare professional.

Place your thumb on the injection button and **slowly** push until the button stops moving.

Hold the button for **5 seconds**, then remove the needle from your skin.

Check to make sure you see a **0** in the dose window to confirm you received the complete dose.

Note:

It is possible to set a dose larger than the amount of insulin left in the cartridge.

At the end of an injection, the number in the window should be **0**. If it is not, this is the amount of insulin you did **NOT** receive. Remember this number.

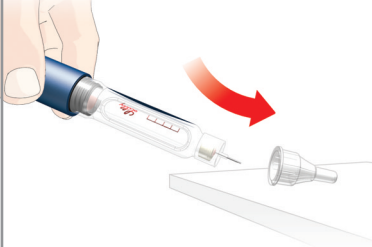
Remove the needle and the empty cartridge.

Insert a new cartridge as shown in (1), and prime the pen as shown in (2).

Complete your dose by injecting only the amount you did not receive.

If you do not think you received your full dose, do not take another dose. Call Lilly or your healthcare professional for assistance.

Replace Needle Outer Cap

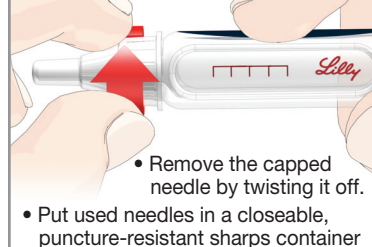


Carefully replace the outer cap as instructed by your healthcare professional.

Note:

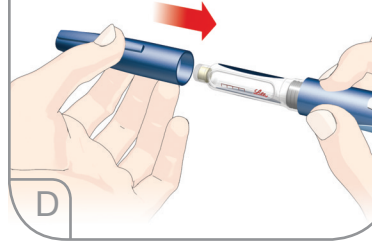
To prevent air from entering the cartridge, do not store the pen with a needle attached.

Remove The Needle



- Remove the capped needle by twisting it off.
- Put used needles in a closeable, puncture-resistant sharps container (like a biohazard container).
- Do not recycle the filled sharps container.
- Ask your healthcare provider about options available in your area to throw away the sharps container properly.
- The directions regarding needle handling are not intended to replace local, healthcare provider or institutional policies.

Replace Cap



If you have any questions or complaints with your HumaPen Ergo II, contact Lilly at Toll Free number 18001230021 or your healthcare professional for assistance.

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HumaPen Ergo II meets the current dose accuracy and functional requirements of ISO 11608-1:2000 with Lilly 3 mL cartridges.

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PPD Information Box				ALRP Information Box			
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Perigordpremedia Perigord House, Damastown Industrial Park, Dublin 15, Tel. +353-1-440 3290				Internal to Perigord (no Lilly check required) Perigord Job No: 401593 Operator name: RM Time: 15:28			