







**Available in ∙** Vanilla Flavour

In 250 gms & 400 gms pack

- \$. Sugar refers to sucrose
- #. The mean  $\pm$  standard error GI for Protinex diabetes care was  $17 \pm 2.1$



Take a mug of lukewarm or cold milk\* (200ml)



Add 2-3 heaped tbsp of Vanilla Diabetes Care Protinex®



Stir well before drinking

\*can also be taken with milk & cornflakes, porridge or curd

## FOOD FOR SPECIAL DIETARY USE - Food for individuals with Diabetes.



Protinex® Diabetes Care is a protein supplement for special nutritional needs during diabetes. It provides the right nutrition for managing blood sugar levels, weight and cholesterol. Diabetes places special nutritional demands on the body and is critical that right nutrition be taken to satisfy their demands. It contains:

- High Protein content<sup>1</sup>
- Multiple fibre & complex carbohydrates to help manage blood sugar level and weight<sup>3</sup>
- Antioxidants to meet the increased requirement of diabetes<sup>4</sup>
- Essential vitamins and minerals1
- Low fat and no added sugar<sup>1</sup>

## Recommended Dosage: 1 serving (25g) per day

## Give yourself the Protinex® advantage

Diabetes Care Protinex® everyday provides the right nutrition to stay healthy and active.

## References:

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